

Momentum Pain Management

Narcotic Medication and Refill Policy

We at this office understand that sometimes certain pain medications are necessary to provide you with an improved quality of life. Due to circumstances beyond our control, we find it helpful to institute an agreement between you and your doctor regarding these medications. If you and your doctor decide to add certain medications to your regimen, it is important that you have a thorough understanding of what these medications are, including their expected benefits, side effects, and potential for becoming habit forming. We will do our best to work with you to find an appropriate medication and dosage regimen that makes you more comfortable.

As part of your pain curriculum, you may be asked to have certain tests preformed, given medications, injections, and have procedures done in order to lessen your pain. You may also be asked to participate in other modalities, including physical therapy, exercise, alternative medicine, and psychological counseling. These suggestions are made by your doctor in order to improve your life, and you will be expected to comply with all recommendations made and appointments given. If you have difficulty with anything your doctor prescribes, please discuss it openly, and all questions will be answered to the best of our abilities. We ask you to place your trust in our care, as we have your best interest at heart always.

Certain pain medications are classified by the government as “controlled substances” and as such are governed by strict laws designed to protect everyone. If you are given such a substance for your pain control, you must take it exactly as prescribed on the bottle. Failure to comply with this may result in your medication being withdrawn, and you may experience unpleasant effects by taking them in ways other than prescribed. If you experience problems with your medications, your doctor will discuss them with you and make alternative choices as needed.

Please take your medications seriously, as we do, and do not allow anyone else to take them. Keep them in a safe place. You will be responsible for them, and should you lose them or run out of medication before the allotted time for a refill, you cannot be given more. This is not only our policy, but a federal law as well. Requests for early refills cannot be honored, and telephone calls for this will not be returned. If you stop taking your pills for any reason, do not dispose of them. Return them to your doctor on your next visit so he or she can properly account for them and dispose of them in a correct fashion.

Do not take alcohol or other non-prescription substances while you are taking these medications, as serious and fatal interactions could result. You may be asked to have a random drug screen performed, and we routinely perform these on patients without notice. You have the right to refuse this test, but this may result in cessation of your medication and discharge from this clinic.

Please make your phone requests for refills during normal business hours, as they will not be accepted at other times. Prescriptions cannot be mailed to you; you must physically pick them up at the office in

order to have them filled. If you have difficulty with transportation, talk to your doctor about alternative arrangements. Please call us 2-3 days prior to being out of medication to allow your doctor time to write your refill and have it ready for you. Do not wait until the last minute, as these requests cannot be honored.

If you are taking controlled substances for pain, you are asked to get them filled at one pharmacy only. Do not use multiple pharmacies because your medication may be stopped. Please give us the name and number of your pharmacy for our records. At this time, we are unable to phone in refills for your medications, so please use them wisely.

This clinic does not give prescriptions for controlled substance on your first visit except in very rare circumstances. If you have already had pain medication prescribed by another physician, it is necessary to have your previous medical records in our clinic prior to having one of our physicians prescribe this or another medication for you.

You will be given a copy of this contract once you read it, agree to it, and sign it. A copy will remain in your chart. Once you agree to accept pain mediation from us, please do not ask other doctors for more. Failure to comply with this agreement gives your doctor the right to terminate this contract and you will be discharged from this practice. If you have any questions, please ask your physician.

Patient Signature:

Date:

Physician Signature:

Date:

Witness:

10/09